



Ritual Healthcare

GST: 24FHNPM2319M1ZY

C/78, Malbar Industrial Estate, Nr. Asudev Circle, Kathwada-Singarva Road, Kathwada, Ahmedabad, Gujarat-382430. Mobile: 9725182183 Email: ritualhealthcareinfo@gmail.com

Statement of Ingredients and Additives

[23]

Name of the Food Product: Momordica charantia extract, Syzygium cuminii extract, Gymnema sylvestre extract, Swertia chirayita extract, Azadirachta indica extract, Trigonella-foenum-graecum extract, Emblica officinalis extract, Withania coagulans extract, Tinospora cardifolia extract, Terminalia bellerica extract, Terminalia chebulia extract, Pterocarpus marsupium extract, Ocimum tenuiflorum extract Effervescent Tablet (Nutraceuticals)

Type of Food Product: Nutraceuticals

Nearest Food Category No.: 13.6

Target Group (Age and Gender): Adult (Men/Women) Moderate

Product Format: Tablet

Recommended Serving Size & No. of Recommended Serves per Day: 3.5 g Effervescent Tablet Once in a day.

Ingredients: each g 3.5 Effervescent Tablet contains

S. No.	Name of the Ingredients	Schedule under Nutraceutical Regulations in which the ingredient is permitted for use	Quantity of Ingredient Used in the product	RDA Value/ Limit
1	Momordica charantia - fruit / seed extract (Karela)	III-B-117	200 mg	--
2	Syzygium cuminii (Jamun) <u>Seed 3g eq. to 150 mg extract</u>	II-389	150 mg	3-5 g
3	Gymnema sylvestre (Gudmar) <u>Plant 3g eq. to 100 mg extract</u>	II-203	100 mg	3-5 g
4	Swertia chirayita (Chiraita) <u>Whole plant 3g eq. to 100 mg extract</u>	II-386	100 mg	3-5 g
5	Azadirachta indica (Neem) <u>leaf 1g eq. to 100 mg extract</u>	II-51	100 mg	1-3 g
6	Trigonella-foenum-graecum – seeds extract (Fenugreek)	III-B-183	50 mg	--
7	Emblica officinalis – dried fruit extract (amlaki)	III-B-66	50 mg	--



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8	Withania coagulans (Paneer doda) <u>Fruit 3g eq. to 50 mg extract</u>	II-431	50 mg	3-10 g
9	Tinospora cardifolia (Giloy) <u>Stem 6g eq. to 50 mg extract</u>	II-417	50 mg	5-10 g
10	Terminalia bellerica - fruit extract (Baheda)	III-B-178	10 mg	--
11	Terminalia chebula - fruit extract (Harad)	III-B-179	10 mg	--
12	Pterocarpus marsupium (Vijaysar) <u>Heart wood 5g eq. to 50 mg extract</u>	II-339	50 mg	5-10 g
13	Ocimum tenuiflorum /Ocimum sanctum – aerial parts / seed extract (Tulasi)	III-B-128	50 mg	--

Additives:

S. No.	Name of Additives	Reference	INS No.	Level of additives in Product
1	Citric acid	Annex-3-Page 74-Sr. No. 13	Disintegrant	2%
2	Sodium hydrogen carbonate	--	500(ii)	GMP
3	Sorbitol and sorbitol syrup	--	420	GMP
4	BENZOATES	Annex-3-Page 72-Sr. No. 6	--	2,000 mg/kg
5	Polyvinylpyrrolidone	--	1201	GMP
6	Sucralose (Trichloro galactosucrose)	Annex-3-Page 73-Sr. No. 38	955	2,400 mg/kg
7	Natural identical lemon flavour	FSSR No. 3.3.1	--	GMP

I declare that:

1. No hormones or steroids or psychotropic ingredients have been used in the above food product.
2. The ingredients and additives used in the food product are in accordance with the type of food product/category as mentioned in the Nutraceutical Regulations.
3. Nutrients added to the product comply with the respective Recommended Daily Allowance specified by ICMR / Codex Alimentarius Commission.
4. The product is not a mere combination of vitamins and minerals.



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5. No product - led health claims are being made on the product. (In case these are being made, relevant supporting documents with a copy of label shall be submitted)
6. No claim regarding prevention, treatment or cure of any disease or referring to such properties shall be made for the said food product.
7. The product is not a Drug as defined under Drugs and Cosmetics Act, 1940.

For, Ritual Health Care


Proprietor

Signature of FBO/Authorised Signatory with seal